

**IN THE SPECIFICATION:**

**Under the “Brief Description of the drawings” please add the following:**

-- FIG. 5 is a schematic representation of an exemplary insole according to one embodiment; and

FIG. 6 is a top view of the insole of FIG. 5. --

**Please amend page 6, lines 20-28 (paragraph [0029] of the published application) as follows:**

Suitably, the gel layer 4 may have a raised peripheral edge (not shown in the drawings) to substantially conform to the heel anatomy and promote retention thereof during walking. Also, the rear portion 3 may have a one-piece appendix ~~(not shown)~~ 501, as shown in FIGS. 5 and 6, which extends toward the plantar arch of the foot. Both this one-piece appendix 501 and the raised edge are well-known arrangements to improve the anatomic fit of the insole 1 as well as comfort for the user.